



Before starting, take careful measurements of the wearer. Measure the circumference of the bicep and measure the distance from the edge of the wearer's neckline to the middle of the wearer's upper arm bone (humerus). This distance should cover from the tip of the top leather tab to the bottom of plate 4. **Adjust the pattern to match the needs of the wearer.**

**DO NOT DRILL HOLES FIRST! SAVE THIS UNTIL ALL THE PLATES HAVE BEEN FORMED!**